

Rambler trips 2020

midweek 274 69%
weekend 125 31%

<u>Trip Date</u>	<u>wkend?</u>	<u>Trip Name</u>	<u>Activity</u>	Difficulty	<u>km</u>	<u>vert m</u>
<u>Hiking Trips <=11 Km & <= 500 m vertical</u>						
02-Feb	w/end	visit Contemporary Calgary (new art space)	Trail hike	1	1	10
12-Nov	mw	Edworthy Park - Crowchild Trail bridge loop	Trail hike	1	7	10
01-Jan	w/end	Calgary Zoo walk	Trail hike	1	2	20
09-Nov	mw	Confederation Park/Queens Park Cemetery	Trail hike	1	6	30
12-Jan	w/end	Confederation Park	Trail hike	1	8	50
22-Mar	w/end	Cross Conserve Area, Paradise loop	Trail hike	1	9	90
29-Oct	mw	Glenbow Ranch Provincial Park	Trail hike	2	10	100
01-Nov	w/end	Bowness & Baker Park & new stairs to Valley	Trail hike	1	8	120
26-Oct	mw	Circumnavigation of Nose Hill-Urban hike	Trail hike	1	10	140
16-May	w/end	Dry Island Buffalo Jump	Off-Trail hike	3	10	150
28-Oct	mw	Ole Buck Mountain Trip Full	Trail hike	3	6	170
17-Nov	mw	Nosehill Walkabout	Trail hike	3	8	200
13-May	mw	Deer Ridge Trip Full	Trail hike	3	6	210
18-Nov	mw	Vents Ridge loop	Trail hike	4	6	229
29-Oct	mw	Foran ridge Windy ridge loop	Trail hike	3	6	250
29-Nov	w/end	Boundary Ridge	Trail hike	2	10	250
24-Nov	mw	Braggin Rights, Reconnect, Long Distance	Trail hike	2	9	290
02-Nov	mw	Vents Ridge FULL	Off-Trail hike	4	6	300
01-Jun	mw	Bar C Ranch area - Lesueur Ridge	Trail hike	3	8	300
09-Feb	w/end	Jumpingpound loop	Trail hike	2	9	300
06-May	mw	Jumpingpound loop Max 10 people	Trail hike	2	9	300
20-Nov	mw	Long Distance - Snowshoe Hare loop	Trail hike	2	11	300
15-Jun	mw	West Bragg loop:Long Distance-Snowshoe Ha	Trail hike	3	11	300
02-Jul	mw	Long Distance - Disconnect - Snowshoe Hare	Trail hike	3	11	300
30-Jul	mw	Rummel Lake	Trail hike	2	10	310
06-Nov	mw	Ranger's Summit-slow pace -FULL	Trail hike	3	10	320
05-Dec	w/end	Heart Creek	Trail hike	3	10	350
04-Sep	mw	Stanley Glacier Basin	Trail hike	2	8	370
08-Jun	mw	Powderface Ridge / Mustang Hills Loop	Off-Trail hike	3	8	400
20-Jun	w/end	Indian Oils Secret Ridge FULL	Off-Trail hike	3	8	400
04-Oct	w/end	Mt Mann 707840 (The Battleship)	Off-Trail hike	3	10	400
09-Jul	mw	Jumpingpound Mtn 471462	Trail hike	2	7	420
08-Dec	mw	Grass Pass 714875 via Pack Trail Coulee	Trail hike	2	6	430
16-Jun	mw	Yamnuska East Ridge 327658	Trail hike	3	7	440
04-Dec	mw	Yamnuska East Ridge 327658	Trail hike	3	7	440
15-Jul	mw	South Volcano Ridge	Off-Trail hike	3	10	440
29-Nov	w/end	South Volcano Ridge	Off-Trail hike	3	10	440
30-Sep	mw	Pocaterra Ridge traverse from south end	Off-Trail hike	4	9	450
27-Jul	mw	Picklejar Lakes 580988	Trail hike	3	10	450
02-Nov	mw	Picklejar Lakes 580988 Limit 8 FULL	Trail hike	3	10	450
09-Jun	mw	Nihahi Ridge viewpoint 486296	Trail hike	2	10	460
13-Jul	mw	Talus Lake bike+hike	Trail hike	3	10	460
03-Jun	mw	Curley Sand -Mesa Butte out & back	Off-Trail hike	3	10	470
06-Dec	w/end	Mesa Butte - Curley Sand loop	Trail hike	3	10	470
26-Jul	w/end	Mt Hoffman 635083	Off-Trail hike	4	8	478

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11-Jun	mw	Powderface Ridge from west; 8 MAX	Trail hike	3	8	490
09-Jun	mw	Three Cairns (Clockwise loop)	Off-Trail hike	3	8	500
18-May	w/end	Entrance Ridges (Carry Ridge)	Off-Trail hike	2	10	500
21-Nov	w/end	Entrance Ridges (Carry Ridge rtn on Muley)	Off-Trail hike	3	10	500
<u>Hikes <=11 Km & <= 750 metres vertical</u>						
			<u>Activity</u>	<u>Diff</u>	<u>km</u>	<u>vert m</u>
23-Nov	mw	Horton hill and ridge 413572	Trail hike	3	8	512
23-Jun	mw	Baldy Pass 383500	Trail hike	3	10	570
02-Dec	mw	Baldy Pass 383500	Trail hike	3	10	570
19-Jun	mw	Little Arethusa 433075 via Arethusa Cirque	Off-Trail hike	4	5	580
05-Aug	mw	Little Arethusa via Arethusa Cirque	Off-Trail hike	4	5	580
24-May	w/end	Limestone Mountain Kananaskis	Scramble	5	6	580
10-Jul	mw	Black Prince Lakes 249167 FULL	Off-Trail hike	4	9	590
08-Oct	mw	Iyarhe Ipan from Beaver Lodge parking lot	Off-Trail hike	4	8	600
01-Sep	mw	Grizzly Ridge 414055 traverse	Off-Trail hike	5	9	600
10-Aug	mw	Porcupine Ridge from Wasootch PL	Off-Trail hike	4	10	600
26-Jun	mw	Mist Mountain Hot Springs	Off-Trail hike	4	11	620
19-Jun	mw	Belmore Browne Pk +	Off-Trail hike	5	8	630
03-Jul	mw	Powderface Ridge from south with upper loop	Off-Trail hike	3	10	640
23-Aug	w/end	Powderface Ridge	Trail hike	3	10	640
01-Sep	mw	Powderface Ridge 515344	Trail hike	3	10	640
17-Jul	mw	Powderface Ridge	Off-Trail hike	4	10	640
03-Jul	mw	Highwood Ridge - Grizzly Ridge summits loop	Scramble	5	8	710
03-Nov	mw	Prairie Mtn 544394	Trail hike	3	8	720
05-Dec	w/end	Grass Pass - Bull Creek Hills out & back	Off-Trail hike	3	10	750
15-Aug	w/end	Nihahi Ridge S. summit, with some ridge top	Scramble	5	11	750
19-Aug	mw	Nihahi Ridge south summit 482303	Scramble	5	11	750
<u>Other Hikes/scrambles/mountaineering</u>						
			<u>Activity</u>	<u>Diff</u>	<u>km</u>	<u>vert m</u>
10-Jul	mw	Upper Kananaskis Lake loop	Trail hike	1	16	400
01-Mar	w/end	S. McNabb Hills/Long Prairie Ridge	Off-Trail hike	2	12	500
03-Jul	mw	River & Many Springs loop	Off-Trail hike	2	12	200
11-Oct	w/end	S. McNabb Hills/Long Prairie Ridge	Off-Trail hike	2	12	500
25-Jan	w/end	Merlin View loop	Trail hike	2	13	400
27-Feb	mw	Sulphur Springs Riverview Loop	Trail hike	2	13	230
25-May	mw	Sulphur Springs - Elbow V. Trail loop	Trail hike	2	13	330
05-Jun	mw	Merlin View loop; 10 max	Trail hike	2	13	400
18-Jul	w/end	Fullerton - Sugar Daddy	Trail hike	2	13	230
17-Nov	mw	Merlin View loop TRIP FULL	Trail hike	2	13	400
27-Nov	mw	Merlin View loop	Trail hike	2	13	400
19-May	mw	Eagle Hill	Trail hike	2	14	500
26-Aug	mw	Eagle Hill	Trail hike	2	14	500
26-Sep	w/end	Eagle Hill & Deer Ridge	Trail hike	2	14	500
25-Nov	mw	Eagle Hill	Trail hike	2	14	500
02-Dec	mw	Eagle Hill	Trail hike	2	14	500
12-Dec	w/end	Eagle Hill	Trail hike	2	14	500
26-Jun	mw	Pine Ridge - Death Valley -Long Prairie loop Full	Trail hike	2	15	400
17-Jul	mw	Healy Pass-slow pace.	Trail hike	2	18	660
05-Aug	mw	Hawk Creek to Ball Pass.	Trail hike	2	20	890
20-Sep	w/end	Healy Creek - Eohippus Lake - Simpson Pass	Trail hike	2	22	500

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29-May	mw	Secret hill in Ghost River area	Off-Trail hike	3	18	579
23-Jan	mw	Snowy Owl hike/snowshoe - W.Bragg	Trail hike	3	11	890
03-Dec	mw	Snowy Owl - W.Bragg	Trail hike	3	11	890
22-Feb	w/end	Fullerton-Bobcat-Strange Brew-Sugar Daddy I	Trail hike	3	12	405
24-May	w/end	Ranger Ridge via Fullerton & Bobcat - full	Trail hike	3	12	405
12-Jun	mw	Johnston Canyon bike and hike	Trail hike	3	12	315
21-Jul	mw	Mt Lipsett	Trail hike	3	12	720
29-Jul	mw	Mt Burke	Trail hike	3	12	884
05-Sep	w/end	Mt Lipsett 470014	Trail hike	3	12	720
11-Sep	mw	Prairie Mtn - West Ridge Loop FULL	Trail hike	3	12	800
19-Oct	mw	Ranger Ridge via Fullerton Loop & Bobcat	Trail hike	3	12	405
02-Nov	mw	Snagmore -Iron Springs - Elbow loop	Trail hike	3	12	405
12-Nov	mw	Prairie Mtn - West Ridge Loop	Trail hike	3	12	800
15-Nov	w/end	Ranger Ridge: Fullerton/Bobcat/Sugar Daddy	Trail hike	3	12	405
26-Nov	mw	Prairie Mtn - West Ridge Loop	Trail hike	3	12	800
27-Nov	mw	Ink Pots	Trail hike	3	12	315
02-Dec	mw	Prairie Mtn - West Ridge Loop	Trail hike	3	12	800
11-Dec	mw	Prairie Mtn - West Ridge Loop	Trail hike	3	12	800
06-Jun	w/end	Cox Hill	Trail hike	3	13	730
22-Jun	mw	Cox Hill	Trail hike	3	13	730
22-Jul	mw	Cox Hill	Trail hike	3	13	730
31-Jul	mw	Iceline-slow pace Max 8	Trail hike	3	13	685
09-Aug	w/end	Merlin View loop via Long Distance - Reconne	Trail hike	3	13	400
29-Aug	w/end	Cox Hill	Trail hike	3	13	730
17-Nov	mw	Cox Hill	Trail hike	3	13	730
04-Dec	mw	Cox Hill	Trail hike	3	13	730
09-Jun	mw	Missinglink Mountain Loop	Off-Trail hike	3	14	514
15-Oct	mw	Powderface Ridge	Trail hike	3	14	670
01-Nov	w/end	Missinglink Mtn loop via S.E. ridge	Off-Trail hike	3	14	514
04-Nov	mw	Ridgeback	Trail hike	3	14	244
44001	mw	Jumpingpound Ridge from north	Trail hike	3	15	701
14-Jul	mw	Green Mtn loop via Spaulding Point	Off-Trail hike	3	15	219
26-Sep	w/end	Mist Hills - North Hill	Off-Trail hike	3	15	815
13-Nov	mw	Grotto Canyon 234617 FULL	Off-Trail hike	3	15	450
08-Aug	w/end	Volcano Ridge summit	Trail hike	3	16	806
28-Sep	mw	Arnica summit	Trail hike	3	16	1075
08-Oct	mw	North Powderface Ridge	Trail hike	3	17	650
30-Oct	mw	North Powderface Ridge limit 8 FULL	Off-Trail hike	3	17	650
21-Aug	mw	Wenkchema Pass slow pace FULL	Trail hike	3	19	720
19-Jun	mw	Ross Lake bike and hike	Trail hike	3	20	400
08-Aug	w/end	Junction Creek Falls	Trail hike	3	22	550
23-Sep	mw	Gibbon Pass via Altrude Creek & Twin Lakes	Trail hike	3	22	850
18-Sep	mw	Zigadenus Lake	Trail hike	3	24	930
23-Jul	mw	Jasper hiking	Trail hike	3	25	540
23-Aug	w/end	Talus Lake 428207 (Bike and Hike)	Trail Hike	3	33	650
28-May	mw	Whaleback Ridge: south end	Off-Trail hike	3	12	420
29-Jul	mw	Ben's Hill to Prairie Mtn	Off-Trail hike	3	13	760
12-Aug	mw	Johnston Canyon w/ bike from Banff	Trail Hike	3	50	400
20-Nov	mw	Boundary ridge	Trail hike	3	18	400
28-May	mw	Wasootch Ridge to 2nd cairn	Trail hike	4	11	762

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02-Jun	mw	Wasootch Ridge to 2nd cairn	Trail hike	4	11	762
15-Jun	mw	Wasootch Ridge to 2nd cairn	Trail hike	4	11	762
08-Sep	mw	Wasootch Ridge to 2nd cairn	Trail hike	4	11	762
01-Nov	w/end	Barrier Lookout	Trail hike	4	11	762
08-Dec	mw	Wasootch Ridge to 2nd cairn	Trail hike	4	11	762
20-Jul	mw	Mt Kent via southeast ridge	Off-Trail hike	4	9	850
10-Sep	mw	Pocaterra Ridge S to N	Off-Trail hike	4	11	900
27-May	mw	Bull Creek Hills Traverse E to W	Off-Trail hike	4	11	920
18-Jul	w/end	Bull Creek Hills out & back via Marston Creek	Off-Trail hike	4	11	920
01-Oct	mw	Saddleback - Fairview Mtn	Trail hike	4	10	1000
04-Sep	mw	Iyarhe Ipan and Swany's Ridge	Off-Trail hike	4	13	420
17-Sep	mw	Edith Pass-Gargoyle Valley-Cory Pass loop	Trail hike	4	13	1000
22-Mar	w/end	Prairie View Tr to Barrier LO	Trail hike	4	14	630
02-Jun	mw	Nihahi ridge	Off-Trail hike	4	14	740
05-Jun	mw	Boundary Peak	Off-Trail hike	4	14	790
20-Jun	w/end	Wind Ridge 199533 FULL at 8	Trail hike	4	14	800
44005	mw	Wind Ridge 199533	Trail hike	4	14	800
24-Jul	mw	Forgetmenot Ridge	Off-Trail hike	4	14	740
25-Jul	w/end	Picklejar Hills	Off-Trail hike	4	14	550
17-Aug	mw	Forgetmenot Ridge North summit/ slow pace	Off-Trail hike	4	14	740
30-Oct	mw	Cox Hill 90%	Trail hike	4	14	630
02-Nov	mw	Three Lakes Valley	Off-Trail hike	4	14	550
09-Nov	mw	Forgetmenot Ridge	Off-Trail hike	4	14	740
15-Nov	w/end	Powderface Ridge	Off-Trail hike	4	14	740
20-Nov	mw	Wind Ridge (partial)	Trail hike	4	14	800
23-Nov	mw	Forgetmenot Ridge 548262	Off-Trail hike	4	14	740
16-Jun	mw	Pigeon Mtn 258543 Max 8-10.	Off-Trail hike	4	15	990
02-Oct	mw	Galatea Lakes	Off-Trail hike	4	15	680
13-Nov	mw	Pigeon Mtn 258543	Off-Trail hike	4	15	990
18-Dec	mw	NE Porcupine Ck to boundary ridge 402482	Off-Trail hike	4	15	780
25-Jun	mw	Bluerock Secret Ridge and Knob	Off-Trail hike	4	16	1047
15-Jul	mw	Rummel Pass	Off-Trail hike	4	16	530
02-Aug	w/end	Pasque Mtn 716587 TRIP FULL	Off-Trail hike	4	16	740
29-Jul	mw	Stanley Glacier,Kindersley/Sinclair Loop	Trail hike	4	16	1060
14-Aug	mw	Pasque Mtn 716587 Trip Full	Off-Trail hike	4	16	740
17-Aug	mw	the Red Peak	Off-Trail hike	4	16	1036
26-Aug	mw	Lineham Ridge 582972	Off-Trail hike	4	16	980
09-Sep	mw	summit southeast of Old Baldy Ridge	Off-Trail hike	4	16	991
09-Nov	mw	Barrier lookout / Jewell Pass loop	Trail hike	4	16	600
05-Oct	mw	Guinn's Pass and Galatea Lakes	Off-Trail hike	4	18	1040
08-Nov	w/end	Guinn's Pass 230373-limit 8	Trail hike	4	18	1040
25-Jun	mw	Surveyor's Ridge 592179, Mt Ware loop	Off-Trail hike	4	19	610
27-Jul	mw	Snow Peak 139256 TRIP FULL	Off-Trail hike	4	19	880
13-Sep	w/end	E Panorama Ridge via Taylor Lake	Off-Trail hike	4	19	1070
26-Sep	w/end	Zephyr Ridge	Off-Trail hike	4	19	1231
02-Oct	mw	East Panorama Ridge via Taylor Lake	Off-Trail hike	4	19	1070
09-Jul	mw	Piper Creek & Pass 391178	Trail hike	4	20	810
08-Oct	mw	Harvey Pass and Lake via Bourgeau Lake	Trail hike	4	20	1040
13-Jul	mw	Mt. Allan to Rock Garden FULL	Trail hike	4	22	1350
28-Jul	mw	Mt Allan from Ribbon Creek	Trail hike	4	22	1350

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07-Oct	mw	Olympic Peak from Ribbon Creek	Trail hike	4	22	1350
05-Jul	w/end	Fly Hill	Off-Trail hike	4	13	1100
18-Sep	mw	West end of Odlum ridge	Off-Trail hike	4	11	518
22-Sep	mw	Wally Drew Memorial - Centennial Ridge	Trail hike	3	8	500
11-Jun	mw	South End of Lawson	Off-Trail hike	5	7	762
04-Nov	mw	South End of Lawson Max 8	Off-Trail hike	5	7	762
02-Dec	mw	South End of Lawson	Off-Trail hike	5	7	762
24-May	w/end	Little Lougheed	Off-Trail hike	5	6	780
14-May	mw	Loder Peak 302616 via Door Jamb	Scramble	5	7	790
24-May	w/end	Loder Peak via DoorJamb Mtn	Scramble	5	7	790
18-May	w/end	Mt Baldy 369528, Max 8, Full	Scramble	5	5	800
14-Jul	mw	King Creek Ridge	Trail hike	5	7	800
07-Oct	mw	Tent Ridge Horseshoe loop	Scramble	5	11	820
18-May	w/end	Anklebiter Ridge loop Trip full	Scramble	5	7	840
05-Sep	w/end	Threepoint Mtn	Scramble	5	8	840
30-Jul	mw	Crystal Ridge from Helen Lake PL	Off-Trail hike	5	11	840
03-Jul	mw	The Orphan 168514	Off-Trail hike	5	7	868
20-Aug	mw	Opal Ridge- N Peak 312308	Scramble	5	7	870
11-Oct	w/end	Opal Ridge- N Peak 312308 - Trip Full	Scramble	5	7	870
16-May	w/end	Wasootch Peak	Scramble	5	6	900
24-May	w/end	Grizzly Peak 326250	Off-Trail hike	5	7	900
12-Jun	mw	Heart Mtn Horseshoe loop FULL at 9	Scramble	5	11	930
04-Jul	w/end	Heart/Grant McEwen Horseshoe	Scramble	5	11	930
17-Nov	mw	Heart Mtn Horseshoe loop: FULL at 8	Scramble	5	11	930
13-Sep	w/end	Protection Mtn Ridge Trip Full	Scramble	5	7	940
05-Aug	mw	Grizzly Ridge - Paradise Valley - Highwood Rid	Off-Trail hike	5	11	942
10-Aug	mw	Ridge E of Noseeum lake (Exploratory)	Off-Trail hike	5	11	945
09-Jul	mw	Mt Lawrence Grassi	Scramble	5	7	950
09-Sep	mw	Paget peak and North ridge	Off-Trail hike	5	10	1000
06-May	mw	Opal Ridge 317268	Off-Trail hike	5	6	1010
03-Dec	mw	Opal Ridge 317268	Off-Trail hike	5	6	1010
31-Jul	mw	Bald Eagle Mtn	Scramble	5	8	1200
26-Jul	w/end	Mt Nestor 150429	Scramble	5	6	1250
19-Jul	w/end	Vermilion Peak 617679 Full	Scramble	5	7	1260
09-Aug	w/end	Gap Peak - Full	Scramble	5	9	1263
04-Aug	mw	Grotto Mtn via ACC clubhouse route	Scramble	5	11	1380
28-Aug	mw	Old Baldy 344408 Limit 8-Trip Full	Scramble	5	12	860
25-May	mw	Baldy south peak via Baldy Pass	Scramble	5	12	875
15-Jun	mw	High Rock Ridge bike & hike	Off-Trail hike	5	12	490
19-Jun	mw	Midnight Peak via Baldy Pass lmt 6	Off-Trail hike	5	12	1060
11-Jul	w/end	Baldy south peak via Baldy Pass	Scramble	5	12	875
44062	mw	StonyCat Ridge to Junction Hill Traverse	Off-Trail hike	5	12	640
29-Sep	mw	ridge above Rawson Lake.(Sarrail ridge)	Off-Trail hike	5	12	670
10-Oct	w/end	Pig's Back via Commonwealth L Loop	Off-Trail hike	5	12	560
05-Nov	mw	Midnight Peak 380492 via Baldy Pass	Off-Trail hike	5	12	1060
03-Jun	mw	Peak 466270 NE of Mt.Glasgow	Scramble	5	13	914
14-Jul	mw	Noseeum peak trip	Scramble	5	13	1150
14-Aug	mw	Peak 466270 NE of Mt.Glasgow	Scramble	5	13	914
27-Aug	mw	Peak 466270 NE of Glasgow	Scramble	5	13	914
30-Sep	mw	Gap/Elpoca col.	Off-Trail hike	5	13	700

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07-Dec	mw	Old Baldy Knoll via SW ridge	Off-Trail hike	5	13	917
03-Jun	mw	Half-Past Midnight & Midnight Peaks	Scramble	5	14	1370
15-Jun	mw	Wasootch Ridge 376436	Off-Trail hike	5	14	1220
06-Jul	mw	Buller Creek Peak	Off-Trail hike	5	15	920
04-Oct	w/end	Nihahi Ridge - Nihahi Creek loop	Scramble	5	15	800
30-May	w/end	Sentinel Peak & Iron Creek Mtn bike+hike	Off-Trail hike	5	16	560
22-Jun	mw	Mt Bryant via Bryant Lake --FULL--	Scramble	5	16	900
23-Jun	mw	Old Baldy Mountain 356417	Scramble	5	16	1280
05-Jul	w/end	Mt Kidd South Peak via Galatea C	Scramble	5	16	1290
18-Aug	mw	Mt James Walker	Off-Trail hike	5	16	1190
30-Sep	mw	South Burstall Pass loop via Ridge	Off-Trail hike	5	17	690
04-Jun	mw	East Peak of Wendell south ridge	Scramble	5	18	1375
10-Jul	mw	Mt Lorette via SE gully (bike approach)	Scramble	5	18	1070
22-Jul	mw	upper Memorial Lake (3rd lake)	Off-Trail hike	5	18	690
04-Aug	mw	The Onion - Iceberg Lake loop	Off-Trail hike	5	18	900
10-Aug	mw	Smutwood Peak	Off-Trail hike	5	18	810
11-Sep	mw	Unity Peak - Lipalian Peak loop	Scramble	5	18	1275
05-Aug	mw	The Fortress via Headwall Lakes	Scramble	5	19	1100
30-May	w/end	Porcupine Ridge-max 10	Off-Trail hike	5	20	1100
02-Jul	mw	Cat Creek Peak 645915	Scramble	5	20	470
21-Jul	mw	Mount Head via Grass pass & SE slopes	Scramble	5	20	1520
02-Aug	w/end	Cougar Mtn 485155	Scramble	5	20	1250
17-Sep	mw	Ptarmigan Peak	Scramble	5	21	1390
11-Jul	w/end	Mt Fullerton	Scramble	5	22	1050
14-Jun	w/end	Moose Mountain West Loop	Off-Trail hike	5	23	1470
22-Jun	mw	Association Peak	Scramble	5	24	1038
17-Jul	mw	Avion Ridge	Off-Trail hike	5	24	1200
13-Jul	mw	Banded Peak via Outlaw C via bike access	Scramble	5	37	1420
30-Aug	w/end	Outlaw Peak	Scramble	5	40	2260
25-May	mw	McConnell Ridge South to Yates Mtn	Off-Trail hike	5	13	800
04-Oct	w/end	Warspite North Ridge Trip Full	Off-Trail hike	5	13	950
07-Oct	mw	Gap Mtn 376133 max 6-8	Scramble	6	4	780
29-May	mw	GR338442 Kananaskis Peak Outlier	Scramble	6	10	830
17-Jul	mw	Horseshoe west of Wasootch Creek	Scramble	6	6	880
03-Jul	mw	Ship's Prow Peak, max six.	Scramble	6	9	1000
24-Jul	mw	Ship's Prow, max 6	Scramble	6	9	1000
15-Aug	w/end	Ship's Prow, max 6, FULL	Scramble	6	9	1000
11-Jul	w/end	Mt Indefatigable North Peak & traverse	Scramble	6	10	1000
23-Jul	mw	The Wedge	Scramble	6	8	1100
13-Aug	mw	Mt Romulus 415280	Scramble	6	8	1230
10-Jun	mw	Gap Peak	Scramble	6	9	1263
28-Jul	mw	Commonwealth Peak from south	Scramble	6	12	850
09-Aug	w/end	Lineham Ridge Traverse 582978	Scramble	6	14	1230
20-Aug	mw	Mt Temple: Max 6, wait list	Scramble	6	16	1690
08-Oct	mw	Mt Niblock	Scramble	6	16	1260
12-Aug	mw	Mt Carnarvon via Hamilton Lake: max 6	Scramble	6	18	1740
28-Jul	mw	Pyriform Mountain	Scramble	6	26	1300
02-Oct	mw	Banded Peak via Cornwall Cr- bike access	Scramble	6	32	1371
12-Sep	w/end	Wasootch Peak to Kananaskis Peak	Scramble	7	10	972
17-Aug	mw	Compression Ridge 436380	Scramble	7	14	950

<u>Trip Date</u>	<u>wkend?</u>	<u>Trip Name</u>	<u>Activity</u>	<u>l</u>	<u>km</u>	<u>vert m</u>
		<u>Snow Activities</u>	<u>Activity</u>	<u>Diff</u>	<u>km</u>	<u>vert m</u>
22-Jan	mw	Sunshine Downhill Skiing	Downhill skiing	3		
24-Mar	mw	Nakiska downhill skiing	Downhill skiing	3		
03-Jan	mw	Death's Head 695249	Off-Trail skiing	3	10	510
08-Jan	mw	Gypsum Mine	Off-Trail skiing	3	15	470
06-Dec	w/end	Sunshine Meadows	Off-Trail skiing	3	22	1000
19-Dec	w/end	Kananaskis Lookout via Hwy 40 and the "Back	Off-Trail skiing	3	10	700
01-Jan	w/end	Hero Knob south valley	Off-Trail skiing	4	2	10
28-Jan	mw	Fisera Ridge	Off-Trail skiing	4	30	730
30-Jan	mw	Hidden L, Little Richardson NE slope	Off-Trail skiing	4	14	550
05-Feb	mw	North Black Prince yoyos	Off-Trail skiing	4	6	500
20-Feb	mw	Stanley Glacier Valley	Off-Trail skiing	4	10	280
25-Feb	mw	Headwall Lakes	Off-Trail skiing	4	12	450
21-Mar	w/end	Sunshine Meadows to Citadel Pass	Off-Trail skiing	4	20	430
31-Dec	mw	North Black Prince (Blacksmith) yoyos	Off-Trail skiing	4	6	500
26-Jan	w/end	Purple Bowl	Off-Trail skiing	5	12	800
06-Feb	mw	Vermilion Peak	Off-Trail skiing	5	10	1220
21-Feb	mw	Gypsum Mine tree skiing / powder runs	Off-Trail skiing	5	15	470
03-Mar	mw	Commonwealth - Pig's Back circuit	Off-Trail skiing	5	8	500
05-Mar	mw	Eohippus Lake-limit 8	Off-Trail skiing	5	18	500
17-Mar	mw	Purple Bowl	Off-Trail skiing	5	12	800
21-Mar	w/end	Chickadee Valley of Opportunity	Off-Trail skiing	5	13	340
12-Nov	mw	Healy Pass via Healy C: Max 8	Off-Trail skiing	5	18	660
28-Nov	w/end	Burstall Pass & AT/Telemark slopes	Off-Trail skiing	5	17	500
04-Dec	mw	Healy, Sunshine meadows	Off-Trail skiing	5	18	520
23-Dec	mw	Hidden L, Little Richardson NE slope	Off-Trail skiing	5	14	550
24-Dec	mw	Gypsum Mine tree skiing powder runs	Off-Trail skiing	5	15	470
07-Jan	mw	NE Panorama Ridge via Taylor L(below tree lir	Off-Trail skiing	6	16	1060
19-Jan	w/end	NE Panorama Ridge via Taylor L	Off-Trail skiing	6	16	1060
23-Jan	mw	Healy C to Bourgeau meadows - trip full	Off-Trail skiing	6	20	760
25-Jan	w/end	Northeast cirque of Whympier / Chickadee Va	Off-Trail skiing	6	9	550
03-Feb	mw	Black Prince FAN	Off-Trail skiing	6	6	510
08-Feb	w/end	Smuts Pass via Commonwealth -12p	Off-Trail skiing	6	14	510
12-Feb	mw	Dolomite circuit (thru trees to Mosquito C)	Off-Trail skiing	6	19	650
16-Feb	w/end	Birdwood Pass-Smuts Pass-Commonwealth Ci	Off-Trail skiing	6	18	900
23-Feb	w/end	Piggy Plus - Burstall Col	Off-Trail skiing	6	15	650
28-Feb	mw	Birdwood P-Smuts P-Commonwealth Circuit	Off-Trail skiing	6	18	900
10-Mar	mw	Piggy Plus - Burstall Col	Off-Trail skiing	6	15	650
23-Nov	mw	Healy C to Bourgeau meadows	Off-Trail skiing	6	20	760
11-Dec	mw	Piggy Plus - Burstall Col	Off-Trail skiing	6	15	650
12-Dec	w/end	Healy Cr, Simpson Pass, Sunshine area, SSV Sk	Off-Trail skiing	6	16	170
15-Dec	mw	Black Prince the hourglass aka fan	Off-Trail skiing	6	6	510
19-Dec	w/end	Black Prince ski the hour glass again	Off-Trail skiing	6	6	510
28-Dec	w/end	Piggy Plus - Full	Off-Trail skiing	6	15	650
28-Dec	w/end	Hero Knob	Off-Trail skiing	6	9	640
25-Feb	mw	Mt Field	Ski mountaineering	7	16	1300
19-Feb	mw	Eagle Hill snowshoe	Snowshoeing	2	14	500
01-Feb	w/end	Mount Dyson	Snowshoeing	3	10	510
08-Mar	w/end	Rummel L snowshoe	Snowshoeing	3	10	400

<u>Trip Date</u>	<u>wkend?</u>	<u>Trip Name</u>	<u>Activity</u>	<u>l</u>	<u>km</u>	<u>vert m</u>
18-Mar	mw	Prairie Mtn - West Ridge Loop	Snowshoeing	3	16	200
16-Nov	mw	Rummel L snowshoe	Snowshoeing	3	10	400
05-Jan	w/end	Wasootch Ridge to 2nd cairn snowshoe	Snowshoeing	4	11	762
19-Jan	w/end	James Walker Creek snowshoe	Snowshoeing	4	9	260
25-Jan	w/end	SE shoulder of Mt.Indefatigable	Snowshoeing	4	5	500
15-Feb	w/end	Blueberry Hill direct: snowshoe	Snowshoeing	4	9	360
19-Nov	mw	Arethusa Cirque	Snowshoeing	4	8	350
29-Nov	w/end	SE shoulder of Mt.Indefatigable	Snowshoeing	4	5	500
05-Dec	w/end	West outlier of North Kent snowshoe	Snowshoeing	4	6	676
12-Dec	w/end	Junction Hill 661864 horseshoe	Snowshoeing	4	0	0
28-Dec	w/end	Rummel Ridge snowshoe	Snowshoeing	4	7	646
09-Feb	w/end	Porcupine Ridge	Snowshoeing	5	17	330
11-Nov	w/end	Wind Ridge	Snowshoeing	5	14	800
19-Jan	w/end	Ribbon C Trackset Ski Trails	Track skiing	1	12	100
26-Jan	w/end	Upper L.Louise from Tramline PL	Track skiing	3	10	180
15-Feb	w/end	Kan.Lakes Ski: Tyrwhitt, Elk Pass loop	Track skiing	3	18	280
17-Feb	w/end	Spray River west to upper Spray bridge	Track skiing	3	20	200
22-Feb	w/end	Pipestone trackset trails	Track skiing	3	21	200
08-Mar	w/end	WhiskeyJack-Pocaterra	Track skiing	3	16	360
22-Mar	w/end	Wjack, Tyrwhitt, Blueberry, Boulton loop	Track skiing	3	18	280
22-Nov	w/end	Wjack,Tyrwhitt,Elk Pass,Fox Creek loop	Track skiing	3	19	270
23-Nov	mw	Upper L.Louise from Tramline PL	Track skiing	3	10	180
26-Nov	mw	Blueberry, Hydroline etc	Track skiing	3	10	700
15-Dec	mw	WJack, Tyrwhitt, Elk Pass, Fox, Moraine	Track skiing	3	18	280
15-Dec	mw	Packers,Elk Pass, Fox, Moraine	Track skiing	3	21	405
19-Dec	w/end	W-Jack, Tyrwhitt, Elk Pass loop	Track skiing	3	18	280
29-Dec	mw	Ribbon C Trackset Ski Trails	Track skiing	3	12	100
31-Dec	mw	Spray River west to upper Spray bridge	Track skiing	3	20	200
27-Dec	w/end	Brewster C to Sundance Lodge max 10.	Trail skiing	2	22	440
07-Feb	mw	Ribbon Creek Trails	Trail skiing	3	8	670
08-Mar	w/end	Paradise Valley ski to lake Annette	Trail skiing	3	13	150
23-Oct	mw	Kananaskis Lookout	Trail skiing	3	10	700
26-Oct	mw	Elk Pass+Kananaskis Lookout via hwy 40 TH, F	Trail skiing	3	10	700
16-Nov	mw	Blueberry Hill & Elk Pass	Trail skiing	3	20	500
02-Jan	mw	Skogan Pass from Lodge Trip Full	Trail skiing	4	21	630
22-Jan	mw	Nakiska Lodge: Skogan Pass	Trail skiing	4	21	630
28-Jan	mw	Shark Ski Trails: Green loop	Trail skiing	4	15	240
09-Mar	mw	Ribbon C Ski Trails: Skogan Pass	Trail skiing	4	21	630
20-Mar	mw	Skogan Pass	Trail skiing	4	21	630
14-Nov	w/end	Lookout loop from the Back Door (PLPP)(Full	Trail skiing	4	10	700
26-Dec	w/end	Skogan Pass	Trail skiing	4	21	630
23-Dec	mw	Chester Lake ski	Trail skiing	4	8	310
02-Dec	mw	Panorama Meadows via Taylor Lake	Trail skiing	5	17	770
		<u>Other day activities</u>	<u>Activity</u>	<u>Diff</u>	<u>km</u>	<u>vert m</u>
20-Oct	mw	Avalanche Skills Practice-in town	Off-Trail skiing			
21-Nov	w/end	Avalanche Skills Practice	Off-Trail skiing			
21-Nov	w/end	Avalanche Skills Practice	Off-Trail skiing			
21-Nov	w/end	Avalanche Skills Practice	Off-Trail skiing			
27-Nov	mw	Avalanche Skills Practice	Off-Trail skiing			

<u>Trip Date</u>	<u>wkend?</u>	<u>Trip Name</u>	<u>Activity</u>	<u>↓</u>	<u>km</u>	<u>vert m</u>
12-May	mw	Horse Creek Road to Bottrel	Road bike	3	60	400
14-May	mw	Sheep River Road Trip	Road bike	3	36	357
19-May	mw	Horse Creek Road to Bottrel	Road bike	3	60	400
24-May	w/end	Horse Creek Road to Bottrel	Road bike	2	60	400
12-May	mw	Horse Creek to Bottrel	Road bike	3	60	400
10-Jun	mw	Highwood Pass Cycle	Road bike	3	74	744
01-Sep	mw	Telephone Loop	Mountain bike	1	15	150
03-Jul	mw	Ribbon Creek biking trails	Mountain bike	3	20	150

<u>Multi-day</u>	<u>Activity</u>	<u>Diff</u>	<u>km</u>	<u>vert m</u>
Discovery Hut in Wells Gray	Off-Trail skiing	6		
Amiskwi hut trip	Off-Trail skiing	6		
David Henry Lodge	Off-Trail skiing	6		
Hilda backcountry	Off-Trail skiing	4		